

seen by: TAMARA CHENEY, MD

seen on: Friday 10 December 2010

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VS Height: 71.0 in Weight: 148.0 lb BMI: 20.64 Blood Pressure: 115 / 83 mmHg Temp: 97.8 F Pulse: 91 bpm

CC 9-4-75 CPE 12-14-09 JS (Appt time: 7:15 AM) (Arrival time: 7:20 AM)

S Here for routine CPE. No issues but needs STD checks for possible pregnancy.

Past Medical History (Major events, hospitalizations, surgeries): from St Louis, torsion of bowel as baby, appy.

Known allergies: NKDA.

Family medical history: F A&W, lipids, melanoma M hypothyroid, lipids, S hypothyroid, Mgf MI.

Preventative: 12/09.

Social history: software engr, single, non smoker/alc, 20-30 mins of swimming or sprinting or bike.

Nutritional history: great diet.

ROS.

General- NO fatigue, fever, weakness, wt change, sweating, heat intolerance, bruising.

HEENT- NO failing vision, eye pain, double vision, eye d/c, ear pain, hearing loss, ringing in ears, congestion, nose bleeds, snoring, difficulty swallowing, throat pain.

RESP- no SOB, cough, phlegm, wheezing, pain with respiration.

CV- NO chest pain, palpitations, irreg ht beat, ankle swelling, dyspnea on exertion, orthopnea.

GI- NO abd pain, N, V, D, C, blood in stool, change in bowel habits, decreased appetite.

GU- NO urinary frequency/urgency/pain/hesitance, blood in urine, incontinence.

NEURO- NO h/a, vertigo, seizures, numbness, LOC, fainting, arm/leg weakness, tremors, falling.

MUSCULO-SKELETAL- NO joint pain or swelling or limitation of ROM. back pain.

MENTAL HEALTH- NO depression, anxiety, sexual/verbal/physical abuse, uncontrollable thoughts, insomnia.

O U/A-NEG

General: Normotensive, in no acute distress.

Head: Normocephalic, no lesions. Eyes: PERRLA, EOM's full, conjunctivae clear, fundi grossly normal. Ears: EAC's clear, TM's normal.

Nose: Mucosa normal, no obstruction. Throat: Clear, no exudates, no lesions. Neck: Supple, no masses, no thyromegaly, no bruits.

Chest: Lungs clear, no rales, no rhonchi, no wheezes. Heart: RR, no murmurs, no rubs, no gallops.

Breasts: no masses, no tenderness.

Abdomen: Soft, no tenderness, no masses, BS normal.

GU: Normal, no lesions, no discharge, no hernias noted.

Back: Normal curvature, no tenderness. Extremities: FROM, no deformities, no edema, no erythema.

Neuro: Physiological, no localizing findings. Skin: Normal, no rashes, no lesions noted.

A DIAGNOSIS:

Well adult exam [V70.0]

P cbc, chem7, LFTs, lipids, TSH. STD testing