

**TRENT ARSENAULT (PRN: TA62727): Signed SOAP Note for 01/13/2012**

Age on DOS: 36 yrs, DOB: 09/04/1975

**CENTER MEDICAL GROUP INC**1999 MOWRY AVE STE N FREMONT, CA 94538  
5107932645

seen by: TAMARA CHENEY, MD

seen on: Friday 13 January 2012

signed by: TAMARA CHENEY, MD

signed on: Sunday 15 January 2012 12:42 PM

| VS | Height: | Weight:  | BMI: | Blood Pressure: | Temp:  | Pulse: |
|----|---------|----------|------|-----------------|--------|--------|
|    | 72.0 in | 154.0 lb | 20.9 | 104 / 74 mmHg   | 97.3 F | 68 bpm |

CC 12-5-11 CPE 12-HR FAST 12--11 GS (Appt time: 9:45 AM) (Arrival time: 9:59 AM)

S No problems at all. Feels well. Would like his annual STD w/u.

**Past Medical History (Major events, hospitalizations, surgeries):** from St Louis, torsion of bowel as baby, appy. Known allergies: NKDA. Family medical history: F A&W, lipids, melanoma M hypothyroid, lipids, S hypothyroid, Mgf MI. Preventative: 12/09. Social history: software engr, single, non smoker/alc, 20-30 mins of swimming or sprinting or bike. Nutritional history: great diet. ROS. General- NO fatigue, fever, weakness, wt change, sweating, heat intolerance, bruising. HEENT- NO falling vision, eye pain, double vision, eye d/c, ear pain, hearing loss, ringing in ears, congestion, nose bleeds, snoring, difficulty swallowing, throat pain. RESP-no SOB, cough, phlegm, wheezing, pain with respiration. CV-NO chest pain, palpitations, irreg ht beat, ankle swelling, dyspnea on exertion, orthopnea. GI- NO abd pain, N,V,D,C, blood in stool, change in bowel habits, decreased appetite. GU-NO urinary frequency/urgency/pain/hesitance, blood in urine, incontinence/penile changes. NEURO- NO h/a, vertigo, seizures, numbness, LOC, fainting, arm/leg weakness, tremors, falling. MUSCULO-SKELETAL- NO joint pain or swelling or limitation of ROM. back pain. MENTAL HEALTH-NO depression, anxiety, sexual/verbal/physical abuse, uncontrollable thoughts, insomnia. SKIN- no rashes nor unusual lesions.

O General: Normotensive, in no acute distress.

Head: Normocephalic, no lesions. Eyes: PERRLA, EOM's full, conjunctivae clear, fundi grossly normal. Ears: EAC's clear, TM's normal. Nose: Mucosa normal, no obstruction. Throat: Clear, no exudates, no lesions. Neck: Supple, no masses, no thyromegaly, no bruits. Chest: Lungs clear, no rales, no rhonchi, no wheezes. Heart: RR, no murmurs, no rubs, no gallops. Abdomen: Soft, no tenderness, no masses, BS normal. GU: Normal, no lesions, no discharge, no hernias noted. Back: Normal curvature, no tenderness. Extremities: FROM, no deformities, no edema, no erythema. Neuro: Physiological, no localizing findings. Skin: Normal, no rashes, no lesions noted. Labs: u/a normal.

A DIAGNOSIS:

Well adult exam (V70.0)

P labs, STD w/u

Finalization:

Outpatient encounter

Preventive Medicine - Services 18 and Older